

Elderly Menu Feburary 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		1 #28 Chicken Strips 2oz Northern Beans 1/2 cup Oriental Vegetable 1/2 c Pears 1/2 cup Wheat Bread 1	2 #38 Vegetable Beef Soup w/ Mix vegetables 2 c Canned Peaches 1/2 c Wheat Bread 2 slices w/ Peanut butter & cake 1	3 #83 Chicken Salad 3.5oz Potato Salad 1/2 cup Lettuce & Tomato 1/2 cup Pudding Cup 1 Wheat Bread 2 slices
6 #26 baked turkey breast 2oz candied yams 1/2 cup green beans 1/2 cup apple rings 1/2 cup roll 1	7 Grilled chicken 3oz Oriental Vegetables 1/2 c Whole Potatoes 1/2 c Applesauce 1/2 c Roll 1	8 #40 Hot Dog w/ Chili 2oz. Cole slaw 1/2 cup Baked beans 1/2 cup Mix Fruit 1/2 cup Bun 1	9 #28 pinto beans 1 cup stewed potatoes 1/2 cup greens 1/2 cup pineapple 1/2 cup cornbread 1	10 #22 Baked Pork Chop 3oz fresh Sweet Potatoes 1/2 c Green Beans 1/2 c Applesauce 1/2 c Roll 1
143 #44 Barbecue 2oz Baked Beans 1/2 c Cole Slaw 1/2 c Pineapple 1/2 c Hamburger Bun 1	14 #41 Honey Ham & Cheese 2 oz Green Pea Salad 1/2 cup Lettuce & Tomatoes 1/2 cup Fresh Apple 1 Bun 1	15 #30 Baked Chicken 3oz Fresh Whole Potatoes 1/2 c California Vegetables 1/2 c Pears 1/2 cup Roll 1	16 #38 Vegetable Beef Soup w/ Mix vegetables 2 c Canned Peaches 1/2 c Wheat Bread 2 slices w/ Pimento Cheese & cake 1	17 #27 Chicken Fillet 3oz G. Peas & onion 1/2 c Lettuce & Tomato 1/2 c Applesauce 1/2 c Bun 1
20 #45 Swiss Steak w/gravy 2oz Mashed Potatoes 1/2 c Green Lima Beans 1/2 c Spiced Apples 1/2 c Roll 1	21 #13 chicken drumstick garden 2oz salad 1 cup green peas 1/2 cup fresh ornage 1	22 #38 Vegetable Beef Soup w/ Mix vegetables 2 c Applesauce 1/2 c Wheat Bread 2 slices w/ Peanut butter & cake 1	23 #33 Pit Cured Ham 2oz Northern Beans 1/2 c Mustard Greens 1/2 c Fresh Banana 1 Roll 1	24 #64 sloppy Joe 2oz baked beans 1/2 cup Cole slaw 1/2 cup pineapple 1/2 cup bun 1
27 #38 Vegetable Beef Soup w/ Mix vegetables 2 c Canned Peaches 1/2 c Wheat Bread 2 slices w/ Pimento Cheese	28 #28 Chicken Strips 2oz Northern Beans 1/2 cup Oriental Vegetable 1/2 c Pears 1/2 cup Wheat Bread 1	29 #36 Meatloaf 3oz Mashed potatoes 1/2 cup baby carrots 1/2 cup applesauce 1/2 cup Roll 1 & cake 1		